



Breast Cancer's Non-Invasive Relief



One out of every eight women will develop breast cancer in her lifetime. It is the leading cause of cancer death in women around the world and the common treatments extend the life expectancy to an average of five years. Although the treatments work to destroy cancer cells and prevent its regrowth, it does not treat the symptoms and after-effects. Chiropractic care is not a treatment for breast cancer itself, but research indicates it can play an important role in supportive care.

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Studies have shown that chiropractic therapy may reduce common side effects associated with cancer treatments, such as headaches, back pain, joint stiffness, and musculoskeletal discomfort. By addressing these secondary conditions, chiropractic can enhance comfort, mobility, and overall quality of life for patients as they undergo treatment.

The musculoskeletal conditions — issues with the muscles, joints, bones, etc. — comes from the stress of physical activity, the intake of certain drugs, and especially the invasive medical treatments. Breast cancer patients usually find themselves greatly inhibited because of the performance of the treatments. Thankfully, chiropractors specialize in re-activating the muscles and nerves to help the blood flow properly to relieve pain and reduce discomfort.

Chiropractic care, often combined with acupuncture, may help ease side effects of breast cancer treatments such as fatigue, nausea, neuropathy, and musculoskeletal discomfort. By relaxing the autonomic nervous system through spinal adjustments, chiropractic can reduce symptoms like indigestion, hiccups, and nerve pain, while also addressing discomfort caused by prolonged treatment positions, such as lying face down during radiation. With safe and tailored techniques, chiropractors provide supportive care that improves comfort and helps manage treatment-related challenges.

Source:

Capital Rehab: Breast Cancer and Chiropractic Treatment. Capital Rehab of Arlington.
<https://capitolrehabofarlington.com/breast-cancer-and-chiropractic-treatment/>