



# Non-Toxic Gifts for Mother's Day



This Mother's Day, give the gift of wellness and self-care with non-toxic products that nourish the body and mind — without any harmful ingredients. Believe it or not, there are excellent natural products that do just as well (if not better) than the artificial chemicals in most personal care products.

Choosing non-toxic gifts shows thoughtfulness not just toward your loved one's health, but also the planet. Look for brands that focus on organic ingredients, transparent sourcing, and eco-friendly packaging. Items like mineral sunscreens, plant-based perfumes, essential oil blends, and tallow-based

skincare are great gift options. The Environmental Working Group (EWG.org) has a directory for non-toxic personal care products too.

Here's some ideas for you:

- Organic Body Lotion — brands like True Botanicals, 100% Pure, Osea
- Non-toxic Perfume — try Henry Rose, Abel, or Skylar
- Natural Lip Balm Set — like Hurraw! or Poppy & Pout
- Mineral Sunscreen — brands like Badger, Suntegrity, Beautycounter
- Organic Face Mask — Herbivore Botanicals, Josh Rosebrook
- Nourishing Hair Oil — clean brands like Innersense, Rahua
- Handmade Bar Soaps — cold-processed with essential oils; Pacha Soap Co., Meow Meow Tweet
- Essential Oil Roller Blends — brands like REVIVE and Plant Therapy

### **Featured Brand: My True Bella**

For a deeply nourishing, non-toxic skincare option, look no further than My True Bella. Specializing in tallow-based skincare, My True Bella offers rich, ultra-moisturizing products crafted from simple, high-quality ingredients. Grass-fed tallow, prized for its similarity to our skin's natural oils, provides intense hydration without clogging pores or introducing artificial additives.

Their collection of whipped body butters, healing balms, and facial products are perfect for moms who appreciate clean beauty with a luxurious, nourishing feel. Each product is thoughtfully formulated to be safe, effective, and deeply restorative — a true treat for sensitive or mature skin.

**To learn more about My True Bella, visit their website. Use discount code DC25 at checkout for 25% your first order: [www.mytruebella.com](http://www.mytruebella.com)**