



Vaccinations for Schools and Common “Side Effects”

Here’s a list of required vaccines for students enrolled in public schools

Students Admitted at TK/K–12 Need Records of:

- **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td) — 5 doses**
(4 doses OK if one was given on or after 4th birthday. 3 doses OK if one was given on or after 7th birthday.)
For 7th–12th graders, at least 1 dose of pertussis-containing vaccine is required on or after 7th birthday.
- **Polio (OPV or IPV) — 4 doses**
(3 doses OK if one was given on or after 4th birthday)
- **Hepatitis B — 3 doses**
(Required at admission to any grade except 7th grade)
- **Measles, Mumps, and Rubella (MMR) — 2 doses**
(Both given on or after 1st birthday)
- **Varicella (Chickenpox) — 2 doses**

The TK/K–12 immunization requirements apply to new admissions and transfers for all grades, including 7th grade, and students whose exemptions are no longer valid.

And now here’s the truth:

DTaP vaccines can have some very serious “side-effects.” These include serious allergic reaction (anaphylaxis), long-term seizures, coma, or lowered consciousness, and (in rare cases) permanent brain damage. In the case of the polio vaccine, vaccine-associated paralytic poliomyelitis (VAPP) is an example of a serious effect. It’s worth noting that VAPP is common with the oral polio vaccine, which is no longer administered in the United States. The measles, mumps, and rubella (MMR) vaccination can also cause anaphylaxis, long-term

seizures or coma, and brain damage. The varicella vaccination can cause pneumonia and low platelet count, which causes bleeding and bruising.

Are these “side effects” or direct effects? This is not a subject that’s popular or pretty to talk about, but the effectiveness of vaccination and its unintended health consequences need to be brought to light. Vaccination does not confer immunity. Despite what we’ve been told about preventing “long gone” infectious diseases (like polio and measles) there is very little evidence to suggest that these diseases declined because of vaccination. In fact, the decline in mortality from these diseases occurred decades before the introduction of a “safe and effective” vaccination.

Here’s another truth. While vaccines do not confer immunity, living by the 5 Essentials will actually boost your immune system. Your body’s ability to completely prevent or fight disease is far more robust than any serum from a syringe or any pill. If you want to learn more about the history and safety of vaccinations, please see the list of resources below.

Books we recommend on this subject:

- *Vax-Unvax: Let the Science Speak* by Robert F. Kennedy Jr.
- *Turtles All the Way Down: Vaccine Science and Myth* by Zoey O’Toole and Mary Holland

This is a big one:

The National Vaccine Information Center - incredible resource for vaccination safety and effectiveness

<https://www.nvic.org/>